

Summary

getting to the essentials p3 and 4

helpful information p5 to 7

courses and orientation p6

- SUPPORT AND ADMINISTRATIVE INFORMATION p10
- ENROLMENT p10
- STUDENT LIFE p11
- DISABLED STUDENTS p11
- STUDYING ABROAD p13
- EDUCATIONAL INSTITUTIONS p14
- ORIENTATION p14

housing p16

- SOME ADVICE FOR THE SEARCH p18
- THE VARIOUS TYPES OF HOUSING p19
- PRACTICAL TIPS BEFORE YOU MOVE IN p23
- MOVING IN p26
- A SHORT GLOSSARY OF HOUSING TERMS p29

getting insurance and healthcare p30

- GETTING HEALTHCARE COVERAGE p32
- GETTING TREATMENT p35
- PREVENTION AND COUNSELLING p38

practical information p40

- FINANCING YOUR STUDIES p42
- EATING p43
- GETTING AROUND p48

enjoying the cultural life of Lyon . p54

- HISTORICAL HERITAGE p56
- MAJOR CULTURAL EVENTS p56
- LIVE ENTERTAINMENT p59
- MUSEUMS p62
- CINEMAS, LIBRARIES AND BOOKSTORES p63
- CULTURAL LIFE AT YOUR EDUCATIONAL INSTITUTION p64

integrating and participating p66

- GOVERNING BODIES AND ASSOCIATIONS p68
- FORUMS FOR DEBATE p73
- PLACES OF WORSHIP p74
- PLAYING SPORTS p74
- MAISON DES JEUNES ET DE LA CULTURE (MJC) p77

international students find out more p76

- THE ADMINISTRATIVE STEPS TO TAKE WHEN YOU ARRIVE p80
- THE EUROPEAN HIGHER EDUCATION AREA p84
- IMPROVING YOUR FRENCH IN FRANCE p85
- GETTING INSURANCE AND HEALTHCARE p87
- WORKING WHILE YOU STUDY p89
- BANKS AND MONEY p92
- EATING p94
- ASSOCIATIONS TO HELP YOU INTEGRATE p95
- CULTURAL CENTRES p99

hotline p100

INFORMATION
JEUNESSE



Find easily the list of the establishments of higher education of Lyons and their coordinates on "plan J" inside this guide.

coordinates

édito



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Denis LAMBERT
Directeur du CROUS

To the students of Lyon: you, and your educational institutions, are one of this city's greatest strengths. You are one of Lyon's greatest strengths because there are more than 120,000 students enrolled in the institutions of higher education, which offer you a wide range of study programmes. These programmes are underpinned, in the universities and the grandes écoles, by the scientific research activities of your instructors, who represent a potential for creativity that is truly remarkable and that contributes substantially to the international renown of our city. You are one of our city's greatest strengths thanks to your presence in the city, your activities and your talent for leadership. All these things weave the social fabric that brings us together, and help make our city more appealing. Welcome, new students!

Welcome, international students! Every year, more and more of you enrol in the educational institutions of the network of universities in Lyon, Lyon University, thanks to the support of the Rhône-Alpes Region, the City of Lyon, Lyon University and the CROUS, which together wish that you will become this city's best ambassadors.

This 2008/2009 guide is designed to help you succeed in your role as a student and citizen in Lyon. It is a tool that will help you with:

- your everyday life, by giving you practical information, as well as places and resources that will be able to give you advice
- the city and its region, by helping you discover them and become a player in your own right in the university life of the city.

Welcome to Lyon. We wish you an excellent start to your study programme.

LYON and its region

The Rhône-Alpes region is the second-largest economic centre in France and ranks amongst the leading major economic areas in Europe. Its population is as dense as Denmark or Finland. In terms of size, it is comparable to the largest German regions. It shares borders with Switzerland and Italy.

Its remarkable location at the heart of Europe means that Lyon is an average of an hour and a half away from all the major European cities, thanks to a high-performance transportation network including air (Lyon Saint-Exupéry Airport), road and rail (2 high-speed train stations) links. By train, Lyon is just 2 hours from Paris and the Mediterranean Sea, an hour and a half from the Alps, 2 hours from Switzerland (Geneva) and 4 hours from Italy (Turin).

It owes its vitality to a very broad range of agricultural, industrial (mechanics, pharmaceutical, healthcare, chemicals, textiles, IT etc.) and service businesses. Other key sectors include high technology, which is underpinned by research and higher education, as well as tourism, both in the winter and summer months.

The Rhône-Alpes region is committed to a very active international policy, investing in many cooperation programmes with various regions in Europe and around the world. It supports the international development of its educational institutions and the mobility of its students.



■ Population :

<u>Lyon</u>	450 000 inhabitants
<u>Communauté urbaine de Lyon</u>	1 350 000 inhabitants
<u>Région Rhône-Alpes</u>	6 000 000 inhabitants

■ Students in Rhône-Alpes

<u>Université de Lyon</u>	96 000 students
<u>Université de Grenoble</u>	48 000 students
<u>Université de Savoie</u>	12 000 students
<u>Université Jean Monnet St Etienne</u>	14 000 students



LYON and its region

AN EXCEPTIONAL ENVIRONMENT

Due to the diversity of the influences on its climate and to the variety of its landscapes, with the Massif Central Mountains to the west, the Valley of the Rhone in the centre and the Alps to the east, the Rhône-Alpes region has a remarkable, well-protected natural environment. Nature parks cover 10% of its area.

■ SITES IN LYON, OR IN THE CLOSE SUBURBS OF LYON, TO TAKE A STROLL, RELAX OR HANG OUT:

> **Les berges du Rhône** (The banks of the Rhône), an urban park covering 10 ha in the city center has been created along the banks of the left bank of the Rhône, between the Raymond Poincaré bridge (on the boundary of Villeurbanne and Lyon 6th District) and the entrance of Gerland Park. This space offers biking and walking trails, gardens, a large meadow of 6000 m², playgrounds, sports fields and large water basins.

> The urban parks:

- **Parc de la Tête d'Or:** In the heart of the city, this magnificent park of 105 hectares, with various areas for amusement including a zoological park (la Plaine africaine – the African plain), a botanical garden and an aquatic area welcomes walkers, joggers and people just hanging out.
- **Parc de Gerland,** situated in the south of Lyon at the confluence of the rivers Rhône and Saône, is dedicated to leisure, sporting activities and the discovery of nature. Skate Park as well as “La plaine des jeux” (an area surrounding Gerland Stadium with various sports facilities) make this park a “must” for your weekends.
- **Parc des Hauteurs** is a project for the revegetation of the Fourvière hill. The number one tourist site in Lyon, located in the heart of the city, overlooking the banks of the Saône and the historic districts of Saint-Jean and Saint-Paul, the Fourvière hill contains tremendous potential:

remarkable viewpoints, wooded slopes, meadows and gardens belonging to large religious estates, archeological sites and areas for recreation.

• **Parc de Miribel Jonage,** located next to Lyon, is a leisure area that offers numerous sporting and aquatic activities. The closeness of Provence, the Mediterranean, the Alps and the great wine regions offer a large variety of day excursions. This geographical location at the heart of the Rhône-Alpes region facilitates cultural, sporting, gastronomic and purely touristic activities.

■ A FEW DAY AND WEEKEND TRIPS:

> **To the north east,** La Dombes, which you can discover on the “Route des Etangs” or Pond Road, is a natural haven for birds: the Bird Park of Villars-les-Dombes counts some 250 species (45 minutes away).

> **The “Village des Pierres Dorées”,** in the Beaujolais Mountains (45 minutes away)

> **Hiking in Lyon's mountains** (30 minutes away)

> **Sapins Lake in the Beaujolais highlands** (30 minutes away)

> **The many castles and villages around Lyon** (30 minutes away)

> **Pilat Nature Park** (www.parc-naturel-pilat.fr) and its 1,500 km of marked footpaths (1 hour away)

> **The ski resorts of the Alps** (www.skifrance.fr) (two hour)

> **The Gorges of Ardèche** (2 hours away)

getting to the essentials

> **The Provencal Drome area** (an hour and a half away)

> **Heading due south,** the Lubéron or the Mediterranean Sea, with Marseille and its coves, are feasible for weekend trips (2 and a half hours / 3 hours away).

■ FOR MORE INFORMATION

- Tourist Office of Lyon – phone: 04 72 77 69 69
Place Bellecour - Open every day from 9:00 am to 6:00 pm
www.lyon-france.com
- The “Guide du Routard de Lyon et environs”, sold in bookstores and online at www.routard.org

■ HELPFUL INFORMATION

> **Lyon Campus:** www.lyoncampus.org
Lyoncampus.org is a website for students in the Lyon urban area; it's a goldmine of information to help you get by in our city and make the most of your courses and your spare time. Lyon Campus also posts daily news updates to keep you in the know about the latest student initiatives, cultural events, conferences, competitions, job and job-placement ads and more. Also, check out the websites of the City of Lyon and the Tourist Office: www.lyon.fr - www.lyon-france.com

> Multi-service Student Facility:

Open during registration, from 2nd to 11th July, and also at the beginning of the new school year, from 8th to 26th September, Monday through Friday, 10:00 am to 5:00 pm.

- Free entry to the CROUS (Regional Student Welfare and Advice Centre) of Lyon “Cafétéria et foyer de la Madeleine”, 360 rue Garibaldi – 69 007 Lyon

The Multi-service Student Facility (EME) is a welcome area that mainly provides information to new students.

It is organized by the City of Lyon and the CROUS of Lyon – Saint-Etienne for the new school year, and is there to help you settle in. Numerous services are available to you:

- Free consultation of employment and housing offers from the CRIJ (regional centre for youth information) and the CROUS
- Healthcare information from the student supplemental health insurance plans and family planning centres.
- Explained and simplified administrative procedures with the CAF (benefits office) and the Prefecture of the Rhône (procedures for the initial request and renewal of the residence permit for foreign students)
- Transportation information: request for the Técély card (Lyon public transport pass), sent directly to your home address by the TCL (The Lyon public transport network), on site Vélov' (public bike rental system) registration and information about the SNCF and TER rail networks.
- And lots of other practical information for your future life as a student!

Find out more from: www.lyoncampus.org
www.crous-lyon.fr

> **CAMPUS INITIATIVES,** 25 rue Jaboulay – 69007 Lyon
1st floor - Phone: 04 78 58 51 89

www.lyoncampus.org/initiatives

This resource centre supports associations and student projects, providing students with totally free access to media to help them publicize their humanitarian, solidarity-related, sports and recreational projects. We offer space, tools and a website to promote student initiatives. Come see us and start a project!

> CII (International Information Centre)

25 rue Jaboulay – 69007 Lyon - Phone: 04 72 73 24 95
cii.lyon@ac-lyon.fr - cii@universite-lyon.fr

getting to the essentials

www.universite-lyon.fr/cii

Open to walk-in public from 1:30 pm to 5:30 pm. The CII advises and inform French students about study-abroad programmes (studies and work placements abroad). The CII is also part of the European Euroguidance network, which links together orientation resource centres with the aim of promoting youth mobility.

www.euroguidance-France.org

They speak English, Italian and Spanish.

> CROUS of Lyon - Saint-Étienne

59 rue de la Madeleine - 69365 Lyon cedex 07

Phone: 04 72 80 17 70 - www.crous-lyon.fr

The CROUS is the primary source of assistance for students. You can get valuable advice there on: housing, restaurant services, grants, healthcare and all the administrative steps you need to take. Additionally, their social assistance services are there to help if you run into problems. Access for disabled people: facilities are usually on the ground floor – some residence

hall rooms are specially equipped for students with motor disabilities. The central CROUS locations offer most of their services on the ground floor and can be reached from street level. The Puvis de Chavannes and Madeleine restaurants, as well as the Com'Et cafeteria, offer access for disabled people. The Althéa, Antonins, Puvis de Chavannes, Paradin, Garibaldi, Croix du Sud, Paul Bert and Arches d'Agrippa residence halls feature rooms designed for disabled people.

> CRIJ Rhône-Alpes Lyon (Regional Youth Information Centre)

10 quai Jean Moulin - 69001 Lyon

Phone: 04 72 77 00 66 - www.j-net.org

Open Monday through Friday 10:00 am to 6:00 pm

They have 500 fact files that provide answers to all sorts of questions on teaching, careers, employment, training, daily life, housing, sports and cultural activities, foreign countries, healthcare and holidays. They also have reference materials and legislation documents



getting to the essentials

about employment and new business creation, and they keep directories (i.e. Kompass).

They offer Internet access (5 terminals), at their «Point Cyb» centre for €1.50 per half hour or with a card that costs €10 for 3 months or €20 for the whole year.

Check out their job offers (supervision, babysitting, youth measures, social sector etc.) and housing ads in person or with Minitel: the CRIJ also publishes a guide to Lyon and winter and summer job guides.

> «Lyon en direct» helpline: 04 72 10 30 30

Here's the city at your fingertips! Need help completing a procedure? This city-sponsored service is here to listen and try to answer any questions you may have about topics concerning Lyon. Also, don't forget about the official website of the City of Lyon: www.lyon.fr

> «Allo Service Public» helpline (dial 3939):

This phone service will get you answers in less than 3 minutes to any question you may have about topics as varied as formalities and administrative procedures, spending, housing, healthcare, work, agriculture, customs, the national education system and more.

You can call anytime Monday through Friday from 8:00 am to 7:00 pm and on Saturdays from 9:00 am to 2:00 pm. The charge is €0.12/minute.

www.service-public.fr

> Le Petit Paumé :

This guide has been featuring thousands of great places to go in Lyon, compiled by students of EM Lyon and distributed for free to all Lyon inhabitants at the end of

October, on the big squares in Lyon (Bellecour and the Part Dieu shopping mall). Also available online:

www.petitpaume.com

> Internet access

The higher-education schools and universities now offer free Internet access. Find out more at your educational institution. All CROUS residences are Wi-fi equipped.

At Internet cafes and other places: find their locations on:

www.carto.lyon.fr/lapi

